



Dear Sailors, Volunteers and Staff,

On behalf of the Organising Committee for the Laser Masters Championships about to get underway at the Royal Geelong Yacht Club the following information is provided to update you on the Committee's precautionary measures around the COVID-19 or Coronavirus, which is capturing all our attention for good reason.

While the incidence of Coronavirus in Australia is currently small, the number of infections is growing rapidly by the day and with a global pandemic now declared by the WHO we cannot ignore this. The committee has been monitoring the rapidly changing situation closely and we thought it prudent and timely to provide some of the latest guidance from the Australian Government.

The best source of comprehensive advice for you is available from the following government link: <https://www.health.gov.au/health-topics/novel-coronavirus-2019-ncov>. All event patrons are encouraged to click on this link to access the latest details on the virus, including symptoms and personal strategies.

There are some common themes or strategies in this advice that we need as a community to be aware of and put in practice. These include:

- **Personal hygiene:** frequent hand washing, sanitising and using tissues when sneezing or coughing. The club provides soaps in all bathrooms for hand washing.
- **Health:** If you are unwell or believe you have been exposed to someone with Coronavirus, then please seek medical care. You should also avoid coming to club if you experience any of the virus symptoms.
- **Travelling:** If you have recently been travelling to or transiting through any of the higher risk or moderate risk countries known to have had outbreaks (Mainland China, Iran, Italy, Republic of Korea, Japan, Mongolia, Cambodia, Hong Kong, Indonesia, Singapore or Thailand) at any time then you must immediately self-isolate and monitor your health for 14 days from the date of your return.



- **Guests:** If bringing guests to event then please ensure they are exercising the same appropriate cautions as described above.

On the virus itself the current known symptoms of Coronavirus include fever, cough, sore throat, fatigue and shortness of breath. If a sailor, volunteer or staff develops mild symptoms, they should:

- Isolate themselves
- Use a surgical mask if available
- Practice good hand hygiene
- Contact your doctor and advise of recent travel or relevant contact history

With the situation changing from day to day the Organising Committee will be closely monitoring the situation, and would like to advise sailors that our responses and precautionary measures may change throughout the course of the regatta. I want to recommend you all to take heed of the public warnings on this matter and to consider carefully your own personal circumstances.

Please look after yourself and thank you for your understanding in this constantly evolving environment.

Sincerely,

James Mitchell  
Chair, Laser 2020 Organising Committee

John Kint  
Commodore, Royal Geelong Yacht Club